

Symptoms of Hemorrhoids Explained in Plain English

Knowing and understanding the symptoms of hemorrhoids, can help you to treat them and eliminate them more effectively. This short article goes into detail about the symptoms that you should be aware of.



An important thing to understand is that there are some very serious health problems that display comparable symptoms to piles, so it is advisable that if you are in any doubt whatsoever that you go to a medical professional and get examined fully.

Some Common Symptoms of Hemorrhoids

Rectal Bleeding: One of the first signs that many people notice that signifies they may be suffering from hemorrhoids, is blood on their makeup after they have been to the toilet. As well as being one of the first signs, it can also be one of the most disturbing signs for someone who has never experienced hemorrhoids before and doesn't know anything about them.

Bleeding is actually one of the most common indicators of hemorrhoids and it is almost always caused by irritation to the affected area. Most people find that the actual bleeding by alone is normally not very heavy. It is possible for both internal and **external hemorrhoids** to bleed. It is very important that if the bleeding lasts for a prolonged period of time, or is particularly heavy, that you seek medical attention as soon as possible. Do not take it for granted that what you are suffering with is just hemorrhoids and that they will go away by themselves. Even if you have suffered with hemorrhoids before, make sure you see a doctor if any major changes occur.

- Bumps on the anus: If you find you have bumps on your anus this can be a sign of external hemorrhoids.
- The effect of bumps is normally caused because problematic veins in your anus have become filled with blood and also have become swollen.
- To start off with the bump will probably be small, but if not seen in order to, they can become greater.
- Pain: Hemorrhoids can be very painful and uncomfortable.
- You can help get rid of the pain through the use of various treatments that are available either over the counter or with the help of your doctor.

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***Do Not Let Hemorrhoids Stop You, Use These Tips For Relief** After getting out of the bath or shower, try to avoid drying your rectum with a towel if you hope to prevent virtually any hemorrhoid pain associated with flare-ups. Rather, choose air-drying the area. This may take a little while longer, but you...*

- Itchiness: It is common for somebody with hemorrhoids to experience itching around the affected area and anus.
- If you do experience these symptoms it will be necessary to use appropriate cleaning methods and treatments that can help to reduce the itching.

Less Frequent Symptoms of Hemorrhoids

Severe Pain: Extreme pain can often be the result of your hemorrhoids having become thrombosed. These are basically hemorrhoids the location where the blood has clotted and hardened. Thrombosed hemorrhoids can be extremely painful. However, there are natural remedies and remedies that can be prescribed by your doctor than can deal with them effectively.



HemorrhoidsExternal HemorrhoidsPilesInternal HemorrhoidsHemorrhoids

Protrusions: These typically come about coming from prolapsed **internal hemorrhoids** and it may take drastic measures to deal with these.

Anal Seepage: *Occasionally when hemorrhoids are becoming filled with blood the anal sphincter will fail to close as well as it should do, this can lead to the seepage of waste from the anal area.*

- Do you want to receive a free 6-part course on the causes of hemorrhoids and how to get rid of hemorrhoids for good?
- Visit the treatment for Hemorrhoids website now for more details.



“ **Sandra R. Boyes**

Sandra is a leading writer at uti-remedies.info, a site about alternative medicine. Last year, Sandra worked as a consultant for a well-known news startup. When she's not scouting for web content, Sandra enjoys cycling and surfing.

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