

# Shortening the life Cycle of Hemorrhoids

**D**iscussing "piles" may be upsetting to people suffering from the ailment but it is important to know the answer to "how long do **hemorrhoids** last?" It will depend on the kinds of treatments the patient will try-out. This illness is the direct result of swollen vessels in the anus.

**External hemorrhoids** and **internal hemorrhoids** are the two types of this dreaded disease. In the internal type, the vessels within the anal sphincter are swollen. Although they are very unpleasant, they can't be seen from outside. The veins are irritated when a person encounters trouble in defecating.



- The external type, the vessels near the rim of the rectum are affected by the friction manufactured by the stool.
- The condition is aggravated by the bacteria present in the waste.
- Individuals should handle the inflamed veins right away to prevent formation of blood clots.
- It will only make the situation tougher to resolve.

Constant irritation to the rectal area, blood during stool elimination and mucus in the rectum are the symptoms experienced by middle-aged females, children and the elderly. They are inclined to the disorder.

- There are patients all over the world who are forced to keep silent of the pain they are suffering.
- They are ashamed in order to admit to their loved ones that they have **piles**.
- But they should not have to withstand the pain because there are numerous treatments offered by clinics and hospitals.
- How long do **hemorrhoids** last?
- A typical progress lasts for about four days and vanishes on their own without requiring any medicines or surgery.
- But some extreme cases can last for a month.
- Somebody who has suffered from the disease is actually more likely to be afflicted with the ailment again.

## Looking for Cures

There are medicines presented by pharmacies and health stores that do not need any prescription from the doctor. Ibuprofen is employed by people to alleviate the discomfort they feel from the enlarged veins.

- For difficult cases, physicians will be able to provide a concise diagnosis on which drugs their patients should take.
- The **avatrol** pill treats the unbearable itching and throbbing caused by the actual hemorrhoids.
- The Venapro Natural Colon Health Supplement is offered by Walgreens.
- This costs 18.95 dollars and individuals can order it on the internet or purchase it in a land-based store.

## Operation Options

Critical cases demand aggressive treatment. The ligation approach uses a band made out of rubber to deprive the piles of blood supply. How long do hemorrhoids last in this situation? It will take about ten days to the abnormal growth in order to disappear completely.

- The coagulation method is where a physician uses an infrared machine to solidify the red blood cells in the hemorrhoid.
- It requires visiting a healthcare facility every day to maximize the effects.
- It may take about two months to treat the illness.
- The hemorrhoidectomy is an operation option regarded by doctors in the hardest cases.
- Patients will need at least three months to heal properly from the process.
- This will ensure that they will not suffer any complications.

## Natural Way

People should keep a close watch on their diet to stop any chance of the malady. Eating food rich in fiber helps encourage a healthy **bowel** movement. It will help a person avoid constipation, which intensifies the swelling in the anal veins.

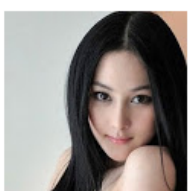
You have any other questions regarding hemorrhoids please visit <http://how-to-cure-hemorrhoids-fast.blogspot.com> and <http://how-to-get-rid-of-hemorrhoids-at-home.blogspot.com>.

For French go to <http://traiter-les-hemorroides-naturellement.blogspot.com> as well as <http://hemorroide-faits-traitements.blogspot.com>.

For Spanish visit <http://tratamiento-de-las-hemorroides.blogspot.com> For Italian visit <http://come-curare-emorroidi-modo-naturale.blogspot.com>.

For German Go to [Http://Hamorrhoiden-Behandlung-Hausmittel.Blogspot.Com](http://Hamorrhoiden-Behandlung-Hausmittel.Blogspot.Com)

For Portuguese check out <http://como-curar-hemorroida-naturalmente.blogspot.com>.



“ **Sandra R. Boyes**

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