

Several Hemorrhoid Facts and Hemorrhoid Cure

Hemorrhoid, or piles, is a very common medical condition today. Most people are suffering from it because of their lifestyle. Nowadays, people work in front of the computer for hours on end. Because of their daily routines and their jobs, this kind of people are prone to having **hemorrhoids**. In order to properly handle the situation, patients have to apply **hemorrhoid** cure and treatment procedures. Patients are also required to apply less pressure in the anal area in order to reduce rupturing the stressed veins.



What are the Symptoms of Hemorrhoids?

There are usually several symptoms for this sort of condition. The symptoms for hemorrhoids can be classified according to its class. In terms of internal hemorrhoids, the symptoms are usually uncomplicated hemorrhaging coupled with **bowel** movement. A further blood in every bowel movement is already a clear sign of **internal hemorrhoids** since there is already the rupture of veins in the arschfick cavity. Other symptoms include an added desire in order to defecate and the feeling of fullness and straining. There is also the sign of itching, severe pain, and discomfort. The increase of blood is the sign of a **prolapsed hemorrhoid** and during that time there is already the sign of a painful large in the anus.

Relation to External Hemorrhoids, the Signs are Often Outside the Anal Area

There will often be a bulge on the anal area and there is pain and itchiness on the affected area. In many instances, there are no typical symptoms for the patient and the only way to carefully evaluate the hemorrhoid is via proper analysis and assessment from a medical professional. Once rupturing happens, hemorrhoid remedy is a must.

Anal Features Brings about Hemorrhoids?

There are a lot of brings about when it comes to hemorrhoids as well as one of the most common is anal fissures. Anal fissures are caused by lose bowel movement and also constipation. As soon as a patient suffers from constipation, his stool is hard and dry. The patient is then required to force the anal sphincter to open wider in order to release the stool. The added pressure inside the anal sphincter causes the actual rupturing of the veins. Once rupturing occurs, spots of red blood are seen in the a stool and in the wiped toilet paper. The patient will feel a sudden stinging sharp sensation coupled by severe pain in the passage of the anal sphincter.

What is the Treatment With Regard to Anal Fissure?

Of course, the first type of treatment to apply is for the constipation. The patient is required to have an extra dosage of fiber to be able to soften the stool. The patient will also need to undergo constant check-ups to be able to monitor the veins in the anal sphincter. In order to reduce the pressure in the anal area, special exercises and a soft cushion is required. The typical hemorrhoid cure provided to be able to patients often involves the use of topical creams and ointments. One of which is Witch Hazel cream which is applied in the arschfick region. This sort of ointment reduces the pain and the irritation of the hemorrhoid.

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“ **Sandra R. Boyes**

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