

Prolapsed Hemorrhoids

Prolapsed **hemorrhoids** is a medical condition and can be defined as swollen or enlarged veins, which appear around the anus region. Prolapsed **hemorrhoids** is actually quite often seen as an major symptoms, such as itching, painful irritation, as well as slight in order to stern bleeding from the rectum. This results in a feeling of uneasiness in the anus region. As it is, the problem may be broadly categorized into two categories, i.e. internal hemorrhoid and **external hemorrhoid**. In case of Inner Piles, the swelling of the veins take place, inside the anus; whereas in case of outside Piles, the swelling appears outside the rectum.



- Normal circumstances, the **internal piles** do not appear out of the anus.
- Nonetheless, in the event the hemorrhoid gets excessively enlarged, then in that case they tend to be able to bulge out of the anal sphincter.
- Like a situation is referred to as prolapsed hemorrhoids.
- In this condition, the particular protrusions emerge as several soft tissues; which are reddish in color.
- They are wet and usually are covered with rectal mucus.
- Initially, the condition is not painful as such.
- However, in case the condition gets severe, which is usually in the later stages, then in that case, they completely bulge out of the anus.
- This might further result in blood clotting, which would lead to a condition, which is referred to as thrombosed hemorrhoids.

“ This condition is a result of poor food habits, old age, heredity factors, as well as pregnancy, besides quite a few other factors. As it is, all the remedies and treatment, which are used for the treatment of normal hemorrhoid, can be used for the treatment of prolapsed hemorrhoids. These kinds of therapies usually revolve around natural procedures, such as increasing the intake of high fiber foods, increasing the consumption of fluids, staying away from addiction to alcohol, tobacco or smoking, as well as proper exercise. Apart from these types of, warm water bath, applying ice packs on the affected area as well as using creams and ointments on the affected area, are other remedies with regard to this condition.

- However, in case the situation is very severe, then in that case, surgery is the only option, that can work.
- In order to decide, the course of treatment, the severity of the problem needs to be evaluated.
- The situation can be categorized into four degrees, i.e. first degree, second degree, third degree, as well as fourth degree.
- In case of the first degree, the protrusion does not bulge out of the anus.
- Regarding second degree, that protrudes out from the anus, but moves in and out of the rectal opening, without manual treatment.
- Regarding the third degree, the hemorrhoids protrude out of the anus as well as have to be inserted manually in the anus.
- The fourth level could be the most severe situation, in which the protrusion can not be introduced even by hand.
- In such a condition, surgery is the only option.

A person are suffering from hemorrhoids then feel free to go to a hemorrhoid doctor



“ Sandra R. Boyes

Sandra is a leading writer at uti-remedies.info, a site about alternative medicine. Last year, Sandra worked as a consultant for a well-known news startup. When she's not scouting for web content, Sandra enjoys cycling and surfing.

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