

# How Can Thrombosed Hemorrhoids Be Treated

**T**hrombosed haemorrhoid is also an external haemorrhoid but has a blood clot in it. While it may be painful, this condition may heal on its own inside a week. Even so there is a very high risk of it in order to recur if it is just left in order to cure by itself. In spite of this, majority of people would still prefer having to get over their own **hemorrhoid** immediately rather than wait an entire week to be able to allow it be cured naturally.

- Commonly a **thrombosed hemorrhoid** will swell in the anal area but is actually accompanied by a terrible itching.
- It is most likely that you also have inside **hemorrhoids** if you may notice blood oozing from the area.
- Still, one has to be able to know how to properly treat a thrombosed hemorrhoid and what right moves to take.



## Methods of Treatment

There are many methods of treatment that one can practice with regards to the condition you are suffering from. Some treatments may require for a health care provider to perform an operation on you while there are also some treatments which you can do on your own. Several times, it has been proven that taking a high fiber diet and keeping a great personal hygiene works as an effective method to remove this problem. However, the fact is that a lot of people would rather suffer going through an operation rather than exercising a little patience.

Individually, there are many things which we could do by ourselves to get remedy from the condition. Soaking the area in lukewarm water every now and then and applying topical ointments on them, while staying away from the use of sitting toilets can provide enduring effects. Help yourself by doing this stuff voluntarily and get relieved of the pain which bothers you.

- Lydoicaine is usually present in hemorrhoid creams, that it relieves the pain when employed.
- Aside from minimizing this, these creams also reduces the size of the thrombosis, which then disappears in time.

## There are Various Methods Which May be Used, When Talking about Surgery

Nonetheless, personal hygiene and a prescribed diet may be the most beneficial as it prevents the problem from recurring. Keep in mind that you will still need treatment actually if you will select surgery as method for treatment. In fact, longer period of time is needed for a great thrombosis procedure to succeed, when compared to an ordinary operation for removal.



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However, most of the instant hemorrhoid removals we hear of are not really good and it is not always quite effective. Many people have actually experienced having the problem once more after the surgery and while the injury has healed. Generally, surgery done at a later time will have lower chances for getting cured as compared to one that is done because the signs and symptoms are just starting.

- Under surgery, you physician may simply do something like cut the blood vessel and remove the clot to ensure that everything goes back to master.
- Personally, nothing compares to a healthy diet and exercise to drive the thrombosed haemorrhoids away.
- Hannah writes articles for **hemorrhoid treatment**.
- Patients who have problems with thrombosed hemorrhoids get ideas on managing their condition from the articles that she writes.



“ **Sandra R. Boyes**

*Sandra is a leading writer at [uti-remedies.info](http://uti-remedies.info), a site about alternative medicine. Last year, Sandra worked as a consultant for a well-known news startup. When she's not scouting for web content, Sandra enjoys cycling and surfing.*

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